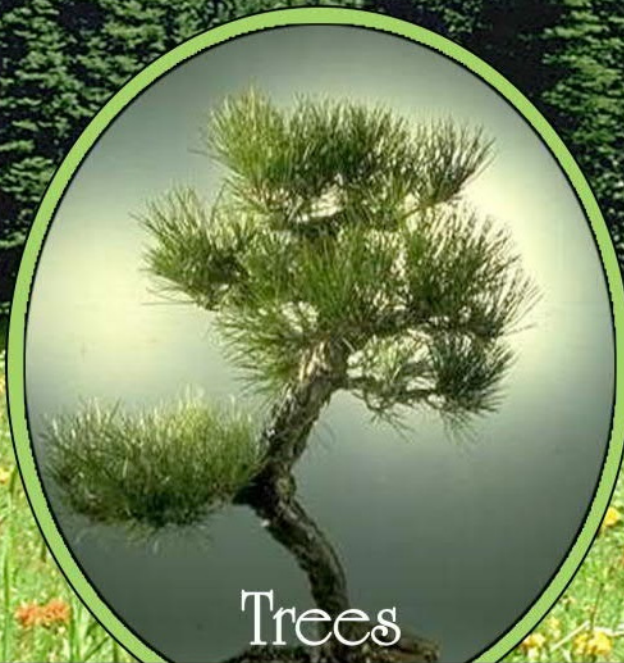


# Family Bible Lessons

From "Creation" to "Abraham and Isaac"

Year 1  
Quarter 1



Trees

The SEM "Bible" Series  
Lesson 2



“And he shall be like a tree  
planted by the rivers of water,  
that bringeth forth his fruit  
in his season;  
his leaf also shall not wither;  
and whatsoever he doeth  
shall prosper.”

Psalms 1:3



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# LET US MAKE MAN IN OUR IMAGE

Genesis 1:26, 27

Betsy Page

Arranged by Ruth Davis

Let us make man in our im - age, af - ter our

The first system of the musical score is in 3/4 time, key of B-flat major. It features a piano accompaniment with a melody in the right hand and a bass line in the left hand. The lyrics are 'Let us make man in our im - age, af - ter our'.

like - ness: and let them have do - min - ion o - ver the fish of the

The second system of the musical score continues the melody and bass line. The lyrics are 'like - ness: and let them have do - min - ion o - ver the fish of the'.

sea, and o - ver the fowl of the air, and o - ver the

The third system of the musical score continues the melody and bass line. The lyrics are 'sea, and o - ver the fowl of the air, and o - ver the'.

cat - tle, and o - ver all the earth, and o - ver ev - 'ry

The fourth system of the musical score continues the melody and bass line. The lyrics are 'cat - tle, and o - ver all the earth, and o - ver ev - 'ry'.



31

creep - ing thing that creep - eth up - on the earth. So

37

God cre - a - ted man in his own im - age, in the im-age of God cre - a - ted

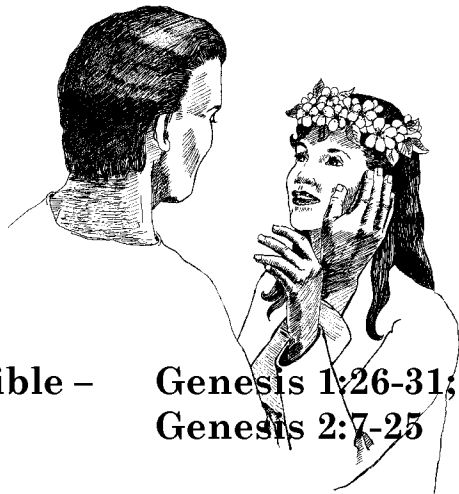
43

he him; male and fe - male cre - a - ted he them.

49

Gen - e - sis one, twen - ty - six and twen - ty - sev - en.

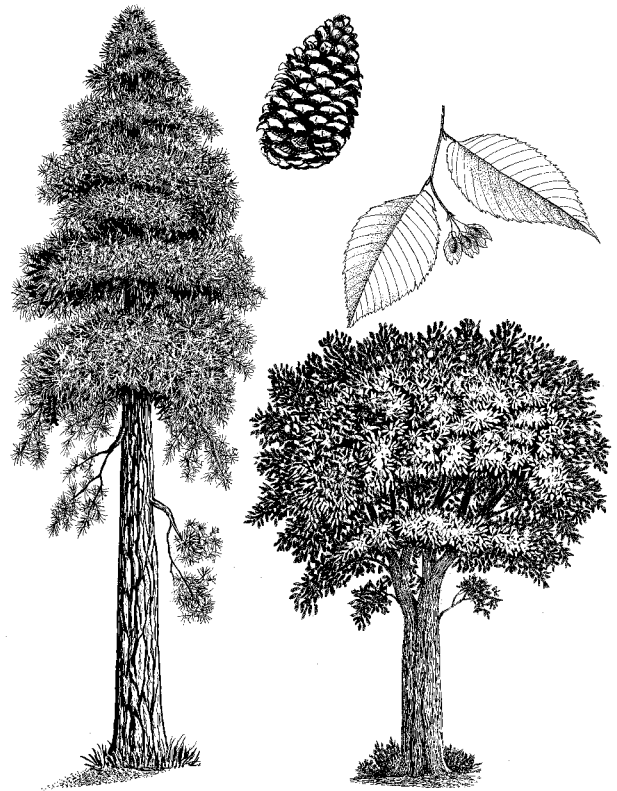
# 2 – Man and Woman



**Bible –** Genesis 1:26-31;  
Genesis 2:7-25

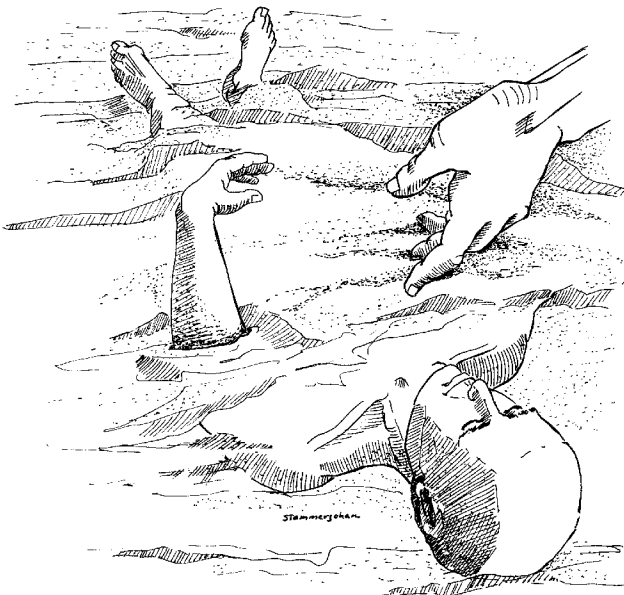
**Song –** “All Things Bright  
and Beautiful”

## Nature – Kinds of Trees

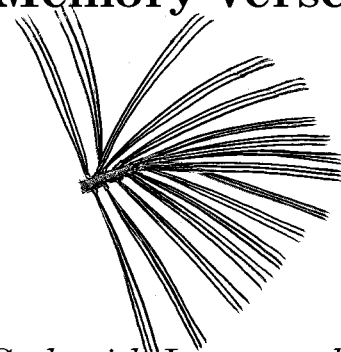


## Character Quality

**Helpfulness** – Aid or assistance;  
usefulness; the quality of furnishing  
the means of promoting an object



## Memory Verse

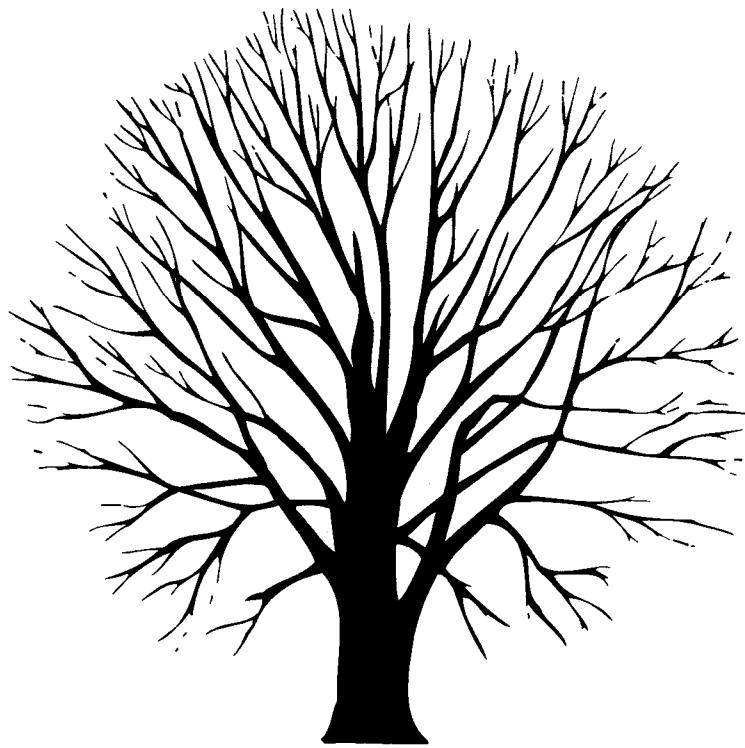


*“And God said, Let us make man  
in our image, after our likeness:  
and let them have dominion  
over the fish of the sea,  
and over the fowl of the air,  
and over the cattle,  
and over all the earth,  
and over every creeping thing  
that creepeth upon the earth.”*

Genesis 1:26

# Kinds of Trees

Trees faintly resemble man's physical being.  
Man has a trunk and limbs.  
God designed for man to see the resemblance  
between himself and the trees  
and to learn lessons from these kinds of the plant kingdom.



Draw a leaf or use a leaf sticker  
on the broadleaf tree  
for each day this week  
you study your lesson, and say your memory verse.





# LC Year 1

## Quarter 1

### Lesson 2 — Man and Woman



#### Bible

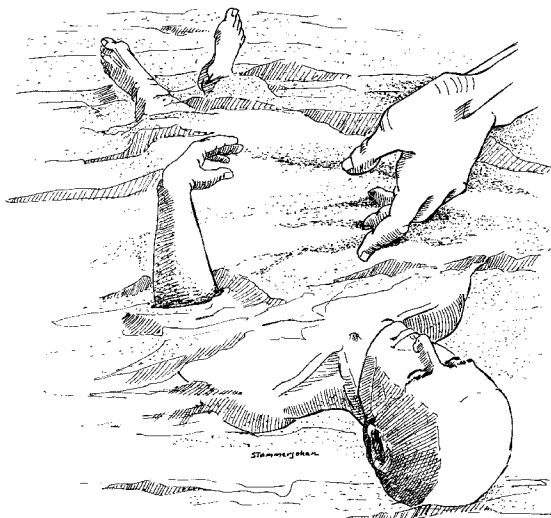
Genesis 1:26-31; 2:7-25

#### Memory Verse

*“And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air; and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth” (Genesis 1:26).*

#### Parent Study

*Patriarchs and Prophets, pages 45-47.*  
Do more study about **Helpfulness**.



#### Character Quality

**Helpfulness** – Aid or assistance; usefulness; the quality of furnishing the means of promoting an object

*“They **helped** every one his neighbour; and every one said to his brother, Be of good courage” (Isaiah 41:6).*

*Doing what we can  
In **helping** others;  
This is Heaven’s plan,  
Sisters and Brothers.*

#### Looking Through Nature

##### Kinds of Trees





## Week 2

### Research

Read Genesis 1:26-27 to the child; then illustrate with the following poem. Repeat this process every day for at least one week!

### Man Poem

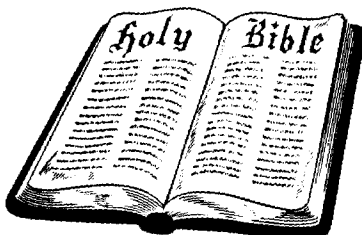
As you say the following do this: Point up. Point to body then to mind. Point to wife. Husband and wife hold hands.

*God created man to be like Him,  
In His image without and within.*

*From man's rib created He a wife  
With Eve, Adam would enjoy life.*

**Sing the hymn,**  
"All Things Bright and Beautiful."

Read the following verse from the Bible and have the child repeat after you: "And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air; and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth" (Genesis 1:26).



### Nature Walk Kinds of Trees

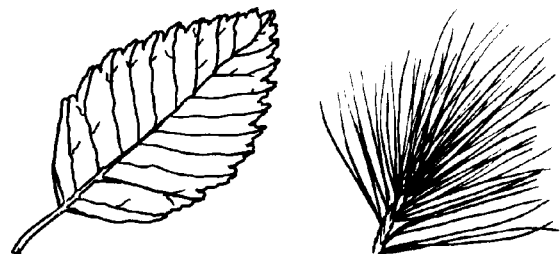
Let us notice all the different kinds of trees as we walk today. We will especially look for broad leaf and needle leaf trees. (Explain the difference to the child.)

### Reinforce

1. As we help carry in wood for the fire, think about the beautiful trees that never had to die in Adam's and Eve's garden.



2. Gather leaves and needles from different trees. Identify them to the child.



# FBL Year 1

## Quarter 1

### Lesson 2 — Man and Woman



#### Bible

Genesis 1:26-31; 2:7-25

#### Memory Verse

*“And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air; and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth” (Genesis 1:26).*

#### Parent Study

*Patriarchs and Prophets*, pages 44-47.  
Do more study about **Helpfulness**.

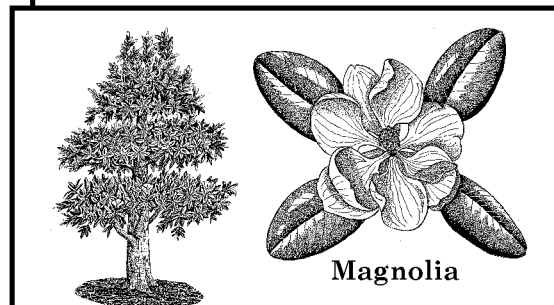
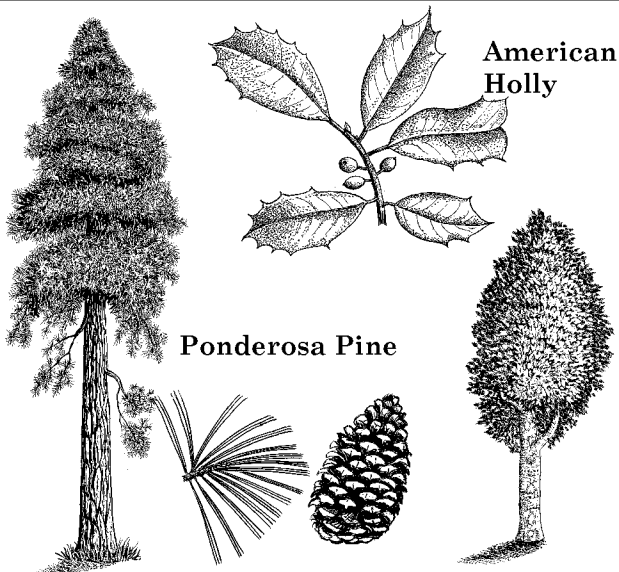
#### Character Quality

**Helpfulness** – Aid or assistance; usefulness; the quality of furnishing the means of promoting an object  
*“They **helped** every one his neighbour; and every one said to his brother, Be of good courage” (Isaiah 41:6).*

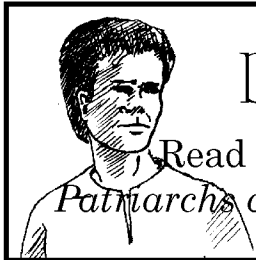
#### Looking Through Nature

##### Kinds of Trees

1. Kinds of Trees
2. Broadleaf Trees
3. Needleleaf Trees
4. Palm, Pandanus, and Lily trees
5. Cycad Trees and Tree Ferns
6. Ginkgo Trees







## Day 1

Read Genesis 1:26  
*Patriarchs and Prophets 44-45*

### Research Formation of Man

“After the earth with its teeming animal and vegetable life had been called into existence, man, the crowning work of the Creator, and the one for whom the beautiful earth had been fitted up, was brought upon the stage of action. To him was given dominion over all that his eye could behold; for *‘God said, Let us make man in our image, after our likeness: and let them have dominion over...all the earth...So God created man in his own image...male and female created he them.’* Here is clearly set forth the origin of the human race; and the divine record is so plainly stated that there is no occasion for erroneous conclusions. God created man in His own image. Here is no mystery. There is no ground for the supposition that man was evolved by slow degrees of development from the lower forms of animal or vegetable life. Such teaching lowers the great work of the Creator to the level of

Image = To shade,  
representative figure,  
resemblance

Likeness = Resemblance,  
model, shape

man’s narrow, earthly conceptions. Men are so intent upon excluding God from the sovereignty of the universe that they degrade man and defraud him of the dignity of his origin. He who set the starry worlds on high and tinted with delicate skill the flowers of the field, who filled the earth and the heavens with the wonders of His power, when He came to crown His glorious work, to place one in the midst to stand as ruler of the fair earth, did not fail to create a being worthy of the hand that gave him life. The genealogy of our race, as given by inspiration, traces back its origin, not to a line of developing germs, mollusks, and quadrupeds, but to the great Creator. Though formed from the dust, Adam was *‘the son of God.’* (*Patriarchs and Prophets 44-45*)

“Put on the new man,  
which after God is created in  
righteousness and true holiness.”

Ephesians 4:24

“Put on the new man, which is  
renewed in knowledge after  
the image of him that created him.”

Colossians 3:10

According to these two texts  
Adam must have been  
wise in his mind, holy in his heart,  
and righteous in his actions.  
These are some of the ways  
he resembled God.

## Man

### Piety of Intellect

(Bible knowledge)

### Piety of Heart

(affections)

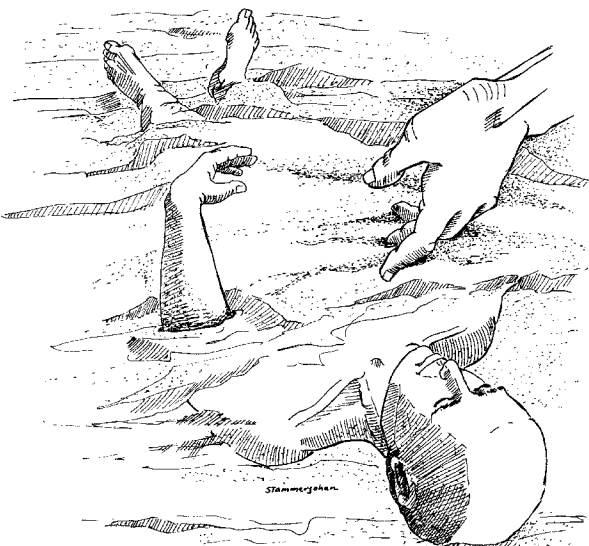
### Piety of Will

(Righteousness = a well-rounded man  
which is true restoration)

The Father, Son, and Holy Spirit **helped** one another in the planning and creation of man in Their image. Man was the masterpiece of God's creation. We see God's tender care for the comfort and well-being of man's convenience and pleasure before man was created. It was like God built and furnished and stocked a house with the best of food, and then invited man to occupy it.

## Review

1. Who is "us" in Genesis 1:26?
2. What does dominion mean?
3. Look up the word "image" in the *Strong's Concordance*.



## Nature

### Kinds of Trees

Do you know how many different kinds of trees there are? There are about 20,000 different kinds. There are the mighty forest trees and the fragile ornamental trees. There are even more kinds of people, but each one is unique. The mighty forest trees towering above the others in strength can remind us of Adam, and the fragile ornamental trees make us think of lovely Eve. Together they reflected God's image. "*He is strong in power*" and "*the beauty of the Lord*" is majestic beyond our imagination (Isaiah 40:26; Psalm 27:4). In Adam and Eve and in their garden home were represented certain elements of heaven and of God's character—"*strength and beauty.*" "*Honor and majesty are before him: strength and beauty are in his sanctuary*" (Psalm 96:6). Sometimes God combines "*strength and beauty*" together in one object. Sometimes He separates them.

The separation of "*strength and beauty*" is a little more striking when they are contrasted. Of this contrast we find examples in man and woman (the weaker sex), in the vine and the oak, in the violet sheltered in the cleft of the rock, and in the rainbow overhanging the waterfall.

But these qualities of God, so often separated and contrasted in nature, are also often combined. This is the case in trees. In the oak, "*strength*" is the first impression. Its sturdy trunk is the emblem of strength; and yet an oak, with its full canopy of glossy leaves, is not without "*beauty.*" On the other hand, in the elm, "*beauty*" is the outstanding characteristic. With its light form compared with its height, with its symmetrical (evenly balanced) top and hanging branches, it

stands like a veiled bride in her beauty. Even so, there is an underlying impression of “*strength*” combined with the overall sense of the “*beauty*” of the elm.

But it is in human form that these qualities are capable of their highest and most perfect combination. A strong body in which the countenance radiates with “*the beauty of holiness*” is a fit representative of the “*image of God*.”

Botanists are scientists who study plants and have divided trees into groups. Each tree is grouped with other plants that have certain characteristics in common with it. So, a single group of plants may contain the following plants, certain shrubs or vines, certain herbs and certain trees. One example of this is that the locust trees, broom plants, and clover are all in the same family. These plants all reproduce in the same way and have flowers that are similar. God had created many different groups of plants like the families of trees.

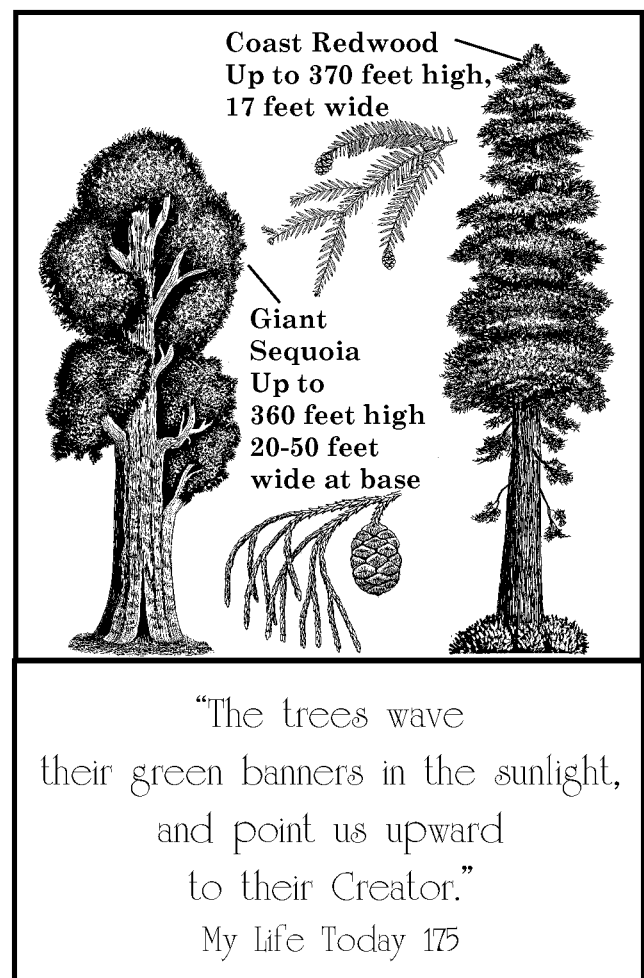
Now He wanted some creatures in His own image to be a part of His family. Trees faintly resemble man’s physical being. Man has a trunk and limbs. God designed for man to see the resemblance between himself and the trees and to learn lessons from these kinds of the plant kingdom.

Trees can be divided into six main groups according to certain characteristics they have in common. These six groups are:

- (1) broadleaf trees;
- (2) needleleaf trees;
- (3) palm, pandanus, and lily trees;
- (4) cycad trees;
- (5) tree ferns; and
- (6) ginkgo trees.

## Remind

1. As you work together as a family, let your chores remind you of your lesson.
2. As you look at your Father, remember that man was the first to be created in the human family.
3. Cultivate a strong, healthy body, and a “*beautiful countenance*” (I Samuel 16:12).
4. When seeing a forest of trees or a crowd of people, think of the many different individuals, and trees.
5. When Mother asks Father to help her open a jar, be reminded of how woman is the “weaker” sex.

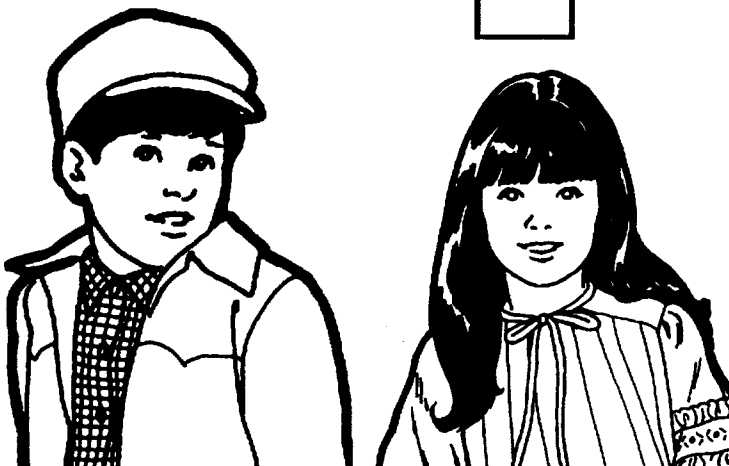
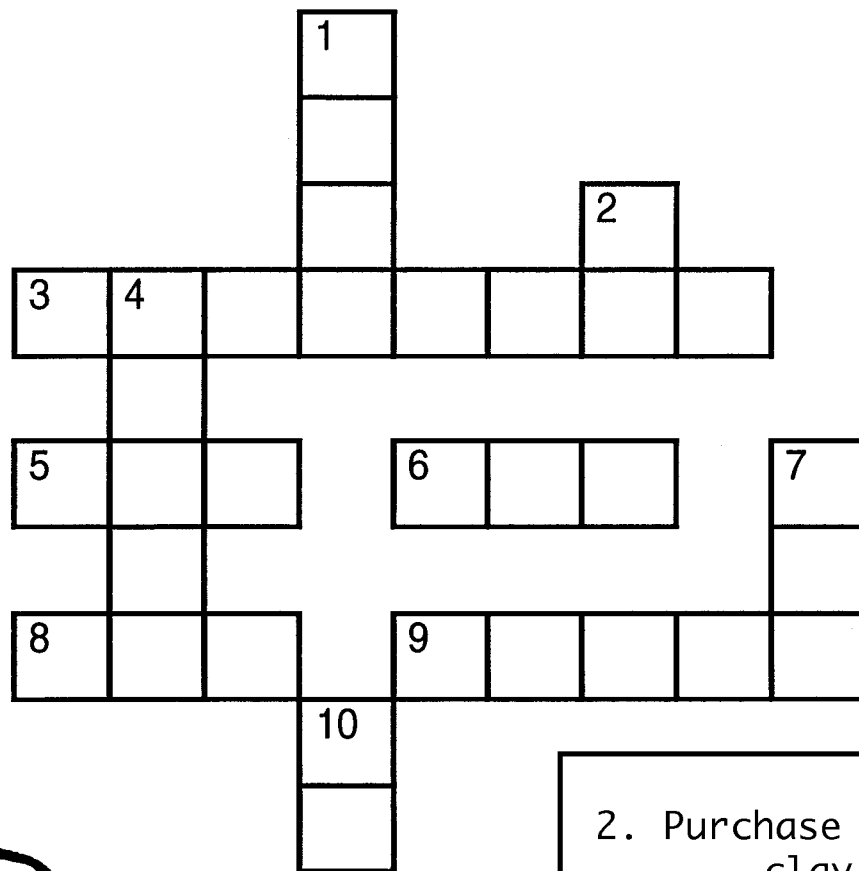




# “Let Us Make Man”

1. Use the following verse to finish the crossword.  
Do you look more like your Father or your Mother?

God said,  
“(8A)-Let (2D)-us (1D)-make (5A)-man (10D)-in (7D)-our  
(4D)-image, (9A)-after (6A)-our (3A)-likeness.”



2. Purchase modeling  
clay.

Look at a picture  
of Adam.

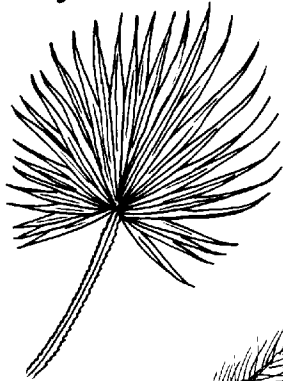
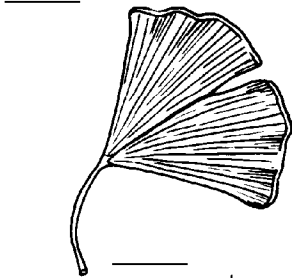
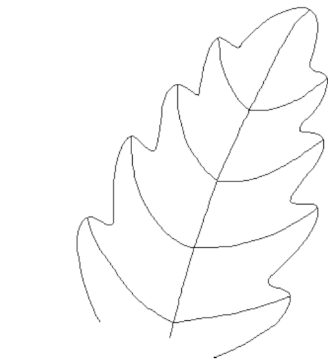
Form him out  
of the clay.

(Day 1)

# Kinds of Trees

God created trees.  
God created man.

Match each of these six groups of trees with a picture by writing in a number.



1. Broadleaf

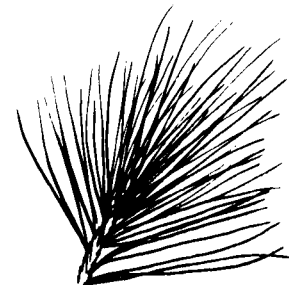
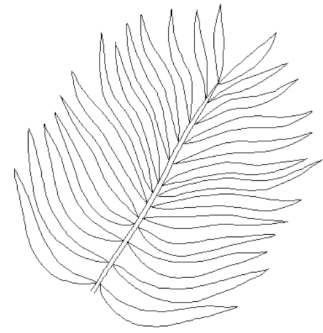
2. Needleleaf

3. Palm  
Pandanus, and  
Lily trees

4. Cycad trees

5. Tree ferns

6. Ginkgo trees



(Day 1)

## Reinforce

1. Look for trees! Use your tree guide book to identify them.
2. Discuss as a family the elements of strength and beauty in a tree. Consider which element strikes you most in each different kind of tree.
3. List several reasons that show how man was created a new creature and not an animal.
4. Make a scrapbook of tree pictures, dividing them into six groups.
5. For individual activities, stories, and poems, use the booklet entitled, *Children's Bible Activity Book* for this quarter. Say your memory verse!

## Remarkable Parent Food

"Infinite love—how great it is! God made the world to enlarge heaven. He desires a larger family of created intelligences.

"All heaven took a deep and joyful interest in the creation of the world and of man. Human beings were a new and distinct order. They were made *'in the image of God,'* and it was the Creator's design that they should populate the earth." (1 Bible Commentary 1081)

"I have created him  
for my glory,  
I have formed him;  
yea,  
I have made him."  
Isaiah 43:7



Day 2

Read Genesis 2:7

## Research

### Formation of Man from Dust

*"And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul" (Genesis 2:7).*

Let us look into God's workshop as He created the first man. He formed, or molded and fashioned him with His own hands. The word "form" is the same word used to describe the work of the potter. *"But now, O Lord, thou art our Father; we are the clay, and thou our potter; and we all are the work of thy hand" (Isaiah 64:8).*

The first man was formed from the dust of the ground. The very elements of the earth are what man is made of. When a man dies he decomposes (turns into

"Thy hands have made me and fashioned\* me: give me understanding, that I may learn thy commandments."  
Psalm 119:73

Man and the  
commandments  
are linked.  
Both are written with  
the "finger of God."

\*Fashioned =  
Reference  
to external  
shape of  
man being  
like God.  
(See Luke  
9:29.)



dust slowly) and returns to the earth. The major elements that make up the human body are oxygen, carbon, hydrogen, and nitrogen. There are other elements in smaller proportions. *"Then shall the dust return to the earth as it was: and the spirit shall return unto God who gave it"* (Ecclesiastes 12:7).

The spark of life given to Adam by God is called the *"breath of life."* *"The Spirit of God hath made me, and the breath of the Almighty hath given me life"* (Job 33:4). When the lifeless form of man was given this *"breath"* he became a *"living soul."*

Man is God's *"workmanship"* (Ephesians 2:10). This gives us confidence *"that he which hath begun a good work in... [us] will perform it until the day of Jesus Christ"* (Philippians 1:6).

## Review

1. How was man created?
2. What major elements is man made up of?
3. What is the breath of life?

"On everything upon the earth,  
from the loftiest tree of the forest  
to the lichen that clings to the rock...  
they may behold the image  
and superscription\* of God."  
Education 100



## Nature Broadleaf Trees

Broadleaf trees are found everywhere in the world. They include ashes, elms, maples, oaks, walnuts, willows, mahogany, mangroves, and many others.

Besides having broad, flat leaves, broadleaf trees of temperate regions are deciduous. What does that mean? They lose their leaves in the autumn. Their leaves change colors from green to bright red, yellow, or orange, and then they fall to the ground. In the springtime new leaves grow. There are a few kinds of broadleaf trees in temperate regions that do not lose their leaves in the autumn. An example of this are some varieties of holly trees and live oaks. Some tropical broadleaf trees are deciduous, but most are evergreen. The Bible speaks about a man being like a tree in Psalm 1:3. *"And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper."* Adam was created to be like an evergreen.

Broadleaf trees are called hardwoods because many of these trees, like beeches, maples, and oaks, have tough,

"Point them [the children]  
to...the lofty trees,  
and let them become familiar  
with their beautiful, varied,  
and delicate forms."  
Counsels to Teachers 188

\*Superscription = Writing on the out side or on the top.  
See Matthew 22:20; Mark 15:26.

hardwood. Hardwood trees make the best furniture. There are broadleaf trees, like basswoods and cottonwoods, with soft, lightweight wood. Man was created perfect, like the hardwood, to be tough and strong.

Broadleaf trees usually have a spreading growth pattern. Most kinds have trunks that divide into many spreading branches of similar size. This is very different from the more upward growth of needleleaf trees.

Broadleaf trees belong to a large group of plants called angiosperms. The characteristics of these plants have flowers which develop into fruit that completely surround the seeds. Man was created to bear the fruit of a righteous character, reflecting the Creator's image.

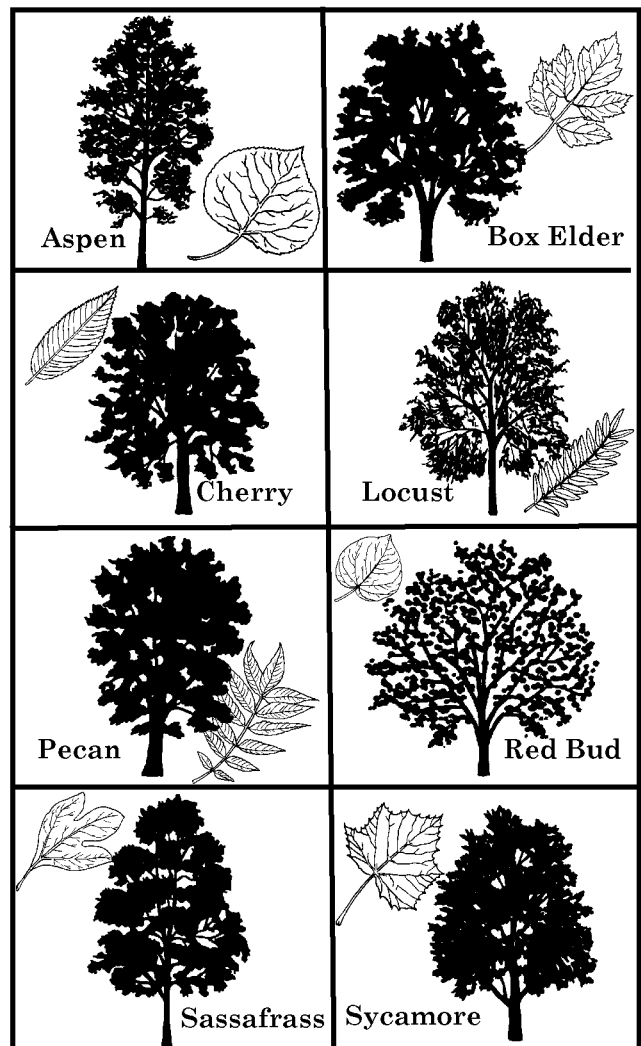
## Remind

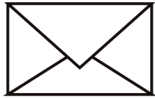
1. As you work together as a family, let your chores remind you of your lesson.
2. As you pick an evergreen leaf, think how man was created to ever grow and reflect the Creator's image.
3. When getting undressed for bed think about how the broadleaf trees shed their leaves and "sleep" through the cold winter.



## Reinforce

1. Look for trees! Use your tree guide book to identify them. Begin to learn the different kinds of trees' forms and habits of growth so that you can quickly recognize them at a distance or at night.
2. Find and press evergreen leaves.
3. Study more about the elements that made up man.
4. For individual activities, stories, and poems, use the booklet entitled, *Children's Bible Activity Book* for this quarter. Say your memory verse!





# The Widow

There is a wonderful story about a boy who saw his mother weeping, and, affectionately putting his arm around her next, said, “Why do you weep, Mother?” His Mother replied:

“I did not know you saw my tears, my child, I have often wept in secret, for I did not want to make you sad by letting you see my sorrows; but since your father was taken away, I have found it hard to work to provide bread and pay your school fee. I intended to give you more learning before you began to work, but I find I cannot; you will have to leave school, and help me to get food for yourself and two little sisters. I have found you a job as an errand-boy, and you will have three shillings per week.”

“Well, do not weep, Mother; I will be a good lad and help you all I can,” was the noble reply.

The first day the little fellow went to his work, he was sent with letters to the post office. He put them in one by one. The postmaster stood at the door, and the lad very innocently said, “Where do all these letters that the people put in your box go to?”

The postmaster kindly explained to him that if he wrote a letter, folded it up, sealed it, and wrote on the back the name and residence of the person he wished to receive it, it would go to him, where he lived.

That night the fatherless boy wrote the following letter:

“To my Lord Jesus Christ in Heaven—

“My Father is dead, and my Mother weeps, and is sad because father is dead, and we are very poor. Mother wished to keep me at school a little longer, but she has no money; do help poor Mother that she will not weep.”

Having finished the letter, he folded it up, sealed it with some shoemaker’s wax, wrote on the back: “To my Lord Jesus Christ in Heaven,” and put it into the post office.

When the postmaster saw the letter, he could not tell what to do with it, and was holding it in his hand when a Moravian minister entered. He showed the minister the letter, and said:

“It was no use sending this letter to the dead-letter-office; I will open it and return it to the simple

(Day 2)

person who has posted it, if I can find him.”

The letter was opened and read. The postmaster and minister were much affected. The minister begged permission to read the letter at the missionary meeting he was engaged to attend that evening. He read it to a large audience, and a lady arose, exclaiming: “Oh! that I knew the little boy that wrote that letter; he should go to school, and his mother and sisters should have bread!”

The Mother and child were both present. The Mother held down her head in amazement and fear, for it was all new to her; but the little fellow, all excitement, called out:

“Please, ma’am, I am here!”

The helpful lady fulfilled her promise. The boy was sent to school again, and the widow found a friend in need.



## Love One Another

Children, do you love each other?

Are you always kind and true?

Do you always do to others

As you’d have them do to you?

Are you gentle to each other?

Are you careful day by day,

Not to give offense by actions,

Or by any thing you say?

Little children, love each other,

Never give another pain;

If your brother speaks in anger,

Answer not in wrath again,

Be not selfish to each other—

Never mar another’s rest;

Strive to make each other happy,

And you will yourselves be blest.

—Unknown



(Day 2)

## Remarkable Parent Food

"The physical organism of man is under the supervision of God; but it is not like a clock, which is set in operation, and must go of itself. The heart beats, pulse succeeds pulse, breath succeeds breath, but the entire being is under the supervision of God. *'Ye are God's husbandry, ye are God's building.'* In God we live and move and have our being. Each heartbeat, each breath, is the inspiration of Him who breathed into the nostrils of Adam the breath of life—the inspiration of the ever-present God, the Great I AM.

"The Lord created man out of the dust of the earth. He made Adam a partaker of His life, His nature. There was breathed into him the breath of the Almighty, and he became a living soul. Adam was perfect in form—strong, comely, pure, bearing the image of his Maker.

"Man came from the hand of his Creator perfect in organization and beautiful in form. The fact that he has for six thousand years withstood the ever-increasing weight of disease and crime is conclusive proof of the power of endurance with which he was first endowed." (1 Bible Commentary 1081-1082)

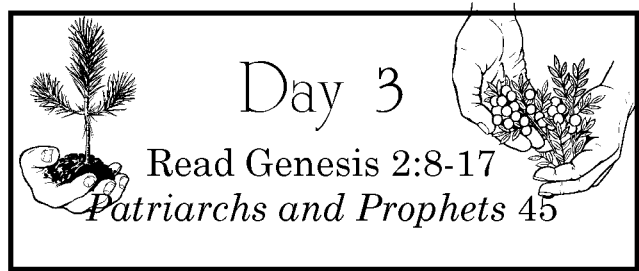
Dear Savior, look upon the wounds of Thine hands and *"forsake not the works of thine own hands"* (Psalm 138:8)!

With the knowledge  
of nature  
mankind begins  
his course  
of progress.



Eden was  
"heaven in miniature."

Eden =  
Delight



## Research

### Planting of the Garden of Eden

*"And the Lord God planted a garden eastward in Eden; and there he put the man whom he had formed.*

*"And out of the ground made the Lord God to grow every tree that is pleasant to the sight, and good for food; the tree of life also in the midst of the garden, and the tree of knowledge of good and evil.*

*"And a river went out of Eden to water the garden; and from thence it was parted, and became into four heads.*

*"The name of the first is Pison: that is it which compasseth the whole land of Havilah, where there is gold;*

*"And the gold of that land is good: there is bdellium and onyx stone.*

*"And the name of the second river is Gihon: the same is it that compasseth the whole land of Ethiopia.*

The garden  
of Eden was an  
outward  
reflection of  
man's moral and  
spiritual state.  
As long as man  
was in harmony  
with God,  
nature was in  
harmony with him.

*“And the name of the third river is Hiddekel: that is it which goeth toward the east of Assyria. And the fourth river is Euphrates.*

*“And the Lord God took the man, and put him into the garden of Eden to dress it and to keep it.*

*“And the Lord God commanded the man, saying, Of every tree of the garden thou mayest freely eat:*

*“But of the tree of the knowledge of good and evil, thou shalt not eat of it: for in the day that thou eatest thereof thou shalt surely die” (Genesis 2:8-17).*

In the Garden of Eden God gave man his home, and heaven was reflected in it. There was purity and beauty. Nature was in harmony with the spiritual innocence of man.

The whole area of Eden was fair and fertile, but God planted in the midst of it a garden of special loveliness. The spot in which nature came most closely into contact with man was a place of surpassing beauty. There is a lesson in this for us. God did not place Adam out in the wide field of nature, roving at large over the earth. No, He put man in a selected spot, in a garden. The garden of Eden was a heavenly model of what the whole earth might become by man's work (by imitating God's labor). From this center of God's own special work, mankind was to work out the purposes of God in adorning and beautifying the earth and developing its resources. In all his plans and purposes Adam was to imitate the perfect pattern shown him in Eden. Thus the earth would become the garden of the Lord. Among other things, God evidently planned for

man to introduce a greater richness and variety to nature's scenery by planting things in certain spots which did not naturally occur there. What object lesson do you see in this about soul culture?

Adam “was placed, as God's representative, over the lower orders of being. They cannot understand or acknowledge the sovereignty of God, yet they were made capable of loving and serving man. The psalmist says, *‘Thou madest him to have dominion over the works of thy hands; thou hast put all things under his feet...the beasts of the field; the fowl of the air,...and whatsoever passeth through the paths of the seas’* (Psalm 8:6-8). [Even the animal kingdom would be blessed by man's influence. Could it not be that the habits imparted by Adam to the creatures taken under his care would become second nature to their offspring?]

“Man was to bear God's image, both in outward resemblance and in character. Christ alone is *‘the express image’* (Hebrews 1:3) of the Father; but man was formed

Adam = Ruddy;  
a human being;  
to show blood  
(in the face),  
that is flush,  
or turn rosy.

In the image  
of God

“Men...are  
made after  
the similitude  
of God.”  
James 3:9

Express is a Greek word  
meaning “character,”  
a tool for graving, a stamp  
or impress, as on a coin or a seal.



in the likeness of God. His nature was in harmony with the will of God. His mind was capable of comprehending divine things. His affections were pure; his appetites and passions were under the control of reason. He was holy and happy in bearing the image of God and in perfect obedience to His will.

“As man came forth from the hand of his Creator, he was of lofty stature and perfect symmetry. His countenance bore the ruddy tint of health and glowed with the light of life and joy. Adam’s height was much greater than that of men who now inhabit the earth. Eve was somewhat less in stature; yet her form was noble, and full of beauty. The sinless pair wore no artificial garments; they were clothed with a covering of light and glory, such as the angels wear. So long as they lived in obedience to God, this robe of light continued to enshroud them.” (*Patriarchs and Prophets* 45)

Man was to be a **helper**.

## Review

1. Where was Adam placed after he was created?
2. What was he to do in the garden?
3. What special instructions were given to Adam?



## Nature Needleleaf Trees

The family of needleleaf trees includes members such as firs, hemlocks, pines, redwoods, and spruces. There are about 500 kinds of needleleaf trees. Most of them have narrow, pointed, needle-like leaves. A few types have narrow, scalelike leaves, such as cedars and junipers. In the beginning all trees were evergreen, even the broadleaf trees, but sin changed that.

Most needleleaf trees have a growth pattern with a strong leading shoot. Short side branches grow out of the main shoot. Most firs and spruce trees grow tall and straight. Pine trees branch out and are not pointed at the top. The special shape of each kind of tree makes us think about how people who look alike are often related, or belong to one family.

Most needleleaf trees are evergreen, but they do make new needles each year. As the older needles turn yellow or brown and drop, the younger needles that are growing stay green and do not fall. So this type of tree looks green all year long. This is the reason why many needleleaf trees are called evergreens. There are a few kinds of needleleaf trees that are deciduous, such as the larch and the bald cypress.

Needleleaf trees are called softwoods because most of them have softer wood than broadleaf trees. Some with harder woods are Douglas fir, and yews.

Needleleaf trees belong to a group of plants called gymnosperms. These do not have flowers and their seeds are not enclosed to form fruits. Most gymnosperms bear their seeds in cones.

Botanists call such trees conifers, which means “cone bearers.”

Most conifers grow north of the equator. They form four families which include the pine, yew, cypress, and taxodium. The pine family has the most members, and includes pines, firs, hemlocks, larches, and spruces. The yew family includes yews and Japanese yews. The cypress family includes cypress, arbovitae, and junipers. While the taxodium family includes bald-cypresses, redwoods and giant sequoias. This last family of very large, stately trees calls to mind how Adam came forth from the hand of his Creator, and he was of lofty stature (height) and perfect symmetry. Eve was like the other conifers, she was somewhat less in stature. Man’s form, his physical structure, his mental moral qualities, his instincts and habits, are all symbolized in the forms and structures and habits of the trees around him. Think about each of these parallels and see what you can discern with the Great Interpreter’s **help**. *“I will meditate also of all thy work, and talk of thy doings”* (Psalm 77:12).

Tending the trees of Eden, Adam and Eve would have to study them closely, to notice their special characteristics, to watch the way they grew and to adapt their treatment to their different requirements. In this way Adam and Eve would come to understand the secret spiritual truths which the different trees taught. God talked to man not only among the trees of the garden but also, in a sense, through them.



## Remind

1. As you work together as a family, let your chores remind you of your lesson.
2. When working in the garden or yard, think how beautiful the garden of Eden was, and how Adam was to dress and keep this garden home.
3. When you see an especially good-natured cat or dog think about how pets must have acted toward Adam.
4. When Mother says you may not eat between meals, remember the instruction God gave Adam and Eve about the two trees.
5. As you help carry in the wood for the wood stove be reminded of the tree it came from, and how, in the beginning, all trees were evergreens. No tree had to die.
6. Go for a walk with the Great Interpreter and ask Him to **help** you understand a lesson from a tree.
7. When you go shopping for produce and notice the extra large apples think of how Adam was to care for and develop the fruit trees of Eden.

## Reinforce

1. Look for trees! Use your tree guide book to identify them.
2. See how many different kinds of needles you can find from needleleaf trees.
3. Give your garden a name using the name of a tree.

# GARDEN

Man was made from dust.  
Dirt is made up of:

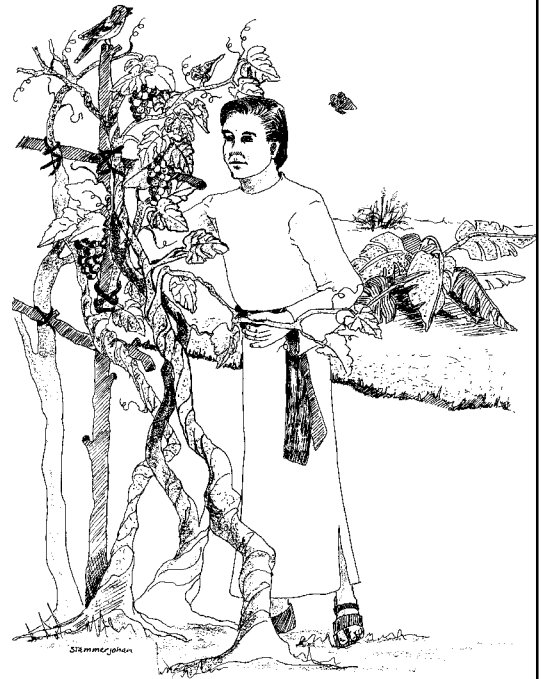
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and other elements.



Man was placed in a garden to work with the soil.  
God told Adam to dress it and to keep it.

Copy Genesis 2:16-17

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(Day 3)

# Broadleaf and Needleleaf Trees

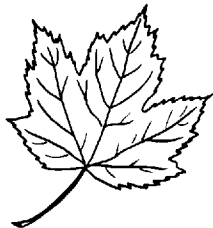
**Draw a broadleaf and a needleleaf tree on a separate piece of paper.  
Use these examples.**



Apple Tree



Redwood Tree



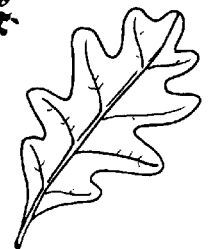
Red Maple  
Tree



Hemlock Tree



Oak Tree



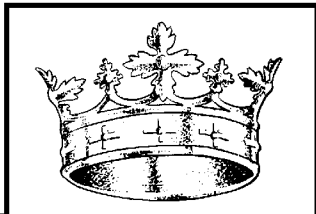
(Day 3)

4. Choose some nearby trees to visit at least once a month. Each season will reveal things that cannot be seen at any other season.

5. For individual activities, stories, and poems, use the booklet entitled, *Children's Bible Activity Book* for this quarter. Say your memory verse!

## Remarkable Parent Food

"Adam was crowned king in Eden. To him was given dominion over every living thing that God had created. The Lord blessed Adam and Eve with intelligence such as He had not given to any other creature. He made Adam the rightful sovereign over all the works of His hands. Man, made in the divine image, could contemplate and appreciate the glorious works of God in nature." (*1 Bible Commentary* 1082)



Made = Build, obtain children

Adam and Eve were created differently, symbolizing that each human being is a special creation.

As if in symbolic appreciation for the blessing of being taken out of Adam's side, woman bears his children.

## Day 4

Read Genesis 1:27; 2:18-25  
*Patriarchs and Prophets*  
46-47



## Research Formation of Woman

"After the creation of Adam every living creature was brought before him to receive its name; he saw that to each had been given a companion, but among them *'there was not found an **help** meet for him.'* Among all the creatures that God had made on the earth, there was not one equal to man. And God said, *'It is not good that the man should be alone; I will make him an **help** meet for him.'* Man was not made to dwell in solitude; he was to be a social being. Without companionship the beautiful scenes and delightful employments of Eden would have failed to yield perfect happiness. Even communion with angels could not have satisfied his desire for sympathy and companionship. There was none of the same nature to love and to be loved."

*"And the Lord caused a deep sleep to fall upon Adam, and he slept: and he*

Eve's creation was a physical prophecy of the Bride of Christ coming forth from the Second Adam in the sleep of His death. Christ's side was pierced during His death-sleep.

*took one of his ribs, and closed up the flesh instead there of; And the rib, which the Lord God had taken from man, made he a woman, and brought her unto the man. And Adam said, This is now bone of my bones, and flesh of my flesh: she shall be called Woman, because she was taken out of man. Therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh”* (Genesis 2:21-24).

“God Himself gave Adam a companion. He provided ‘*an **help** meet for him*’—a helper corresponding to him—one who was fitted to be his companion, and who could be one with him in love and sympathy. Eve was created from a rib taken from the side of Adam, signifying that she was not to control him as the head, nor to be trampled under his feet as an inferior, but to stand by his side as an equal, to be loved and protected by him. A part of man, bone of his bone, and flesh of his flesh, she was his second self, showing the close union and the affectionate attachment that should exist in this relation.

When God makes a marriage  
He brings the woman to the man.

Before marriage Adam was  
established in a home and was  
already involved in doing his  
God-ordained lifework  
(Genesis 2:15).

He was also a little older  
and more spiritually experienced  
than his mate—hence,  
fit to lead out as the priest  
of the family.

*‘For no man ever yet hated his own flesh; but nourisheth and cherisheth it’* (Ephesians 5:29). *‘Therefore shall a man leave his father and his mother, and shall cleave unto his wife; and they shall be one.’*

“God celebrated the first marriage. Thus the institution has for its originator the Creator of the universe. *‘Marriage is honorable’* (Hebrews 13:4); it was one of the first gifts of God to man, and it is one of the two institutions that, after the Fall, Adam brought with him beyond the gates of Paradise. When the divine principles are recognized and obeyed in this relation, marriage is a blessing; it guards the purity and happiness of the race, it provides for man’s social needs, it elevates the physical, the intellectual, and the moral nature.

“*‘And the Lord God planted a garden eastward in Eden; and there he put the man whom he had formed.’* Everything that God had made was the perfection of beauty, and nothing seemed wanting that could contribute to the happiness of the holy pair; yet the Creator gave them still another token of His love, by preparing a garden especially for their home. In this garden were trees of every variety, many of them laden with fragrant and delicious fruit. There were lovely vines growing upright, yet presenting a most graceful appearance, with their branches drooping

“Neither was the man created  
for the woman;  
but the woman  
for the man.”  
1 Corinthians 11:9



under their load of tempting fruit of the richest and most varied hues. It was the work of Adam and Eve to train the branches of the vine to form bowers, thus making for themselves a dwelling from living trees covered with foliage and fruit. There were fragrant flowers of every hue in rich profusion. In the midst of the garden stood the tree of life, surpassing in glory all other trees. Its fruit appeared like apples of gold and silver, and had the power to perpetuate life.

“The creation was now complete. *‘The heavens and the earth were finished, and all the host of them.’ ‘And God saw everything that he had made, and, behold, it was very good.’* Eden bloomed on earth. Adam and Eve had free access to the tree of life. No taint of sin or shadow of death marred the fair creation. *‘The morning stars sang together and all the sons of God shouted for joy’* (Job 38:7).” (*Patriarchs and Prophets* 46-47)

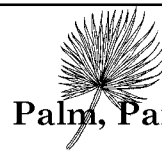
Adam had a **helpmate**, and they would be **helpers** of God caring for their garden home and the earth.

## Review

1. What did God do to **help** Adam see his need of a companion?
2. From what did God form Eve?
3. Why did it take both a man and a woman to reflect God’s image?

Upright vine =  
Righteous woman  
in unfallen state

Since Eve’s fall  
the vines need a support  
to help keep them upright.



## Nature Palm, Pandanus, and Lily trees

What is a monocotyledon? It is the name of the tree family that palms, pandanus, and lily trees belong to. These trees live mainly in warm climates. Of the three kinds of trees in this group we will learn more about the palm. As trees have families so God established a family of people. The first family included Adam, Eve and any children they later had. “It was under the trees of Eden that the first dwellers on earth had chosen their sanctuary. There Christ had communed with the father of mankind. When banished from Paradise, our first parents still worshiped in fields and groves, and there Christ met them with the gospel of His grace...It was at Christ’s direction that for fifteen centuries the Hebrew people had left their homes for one week every year, and had dwelt in booths formed from the green branches ‘*goodly trees, branches of palm trees, and boughs of thick trees, and willows of the brook*’ (Leviticus 23:40).” (*The Desire of Ages* 290-291) This time of

“Thy wife shall be as a fruitful vine by the sides of thine house: thy children like olive plants [trees] round about thy table” (Psalm 128:3). Adam and Eve’s “house” was a living parable signi-

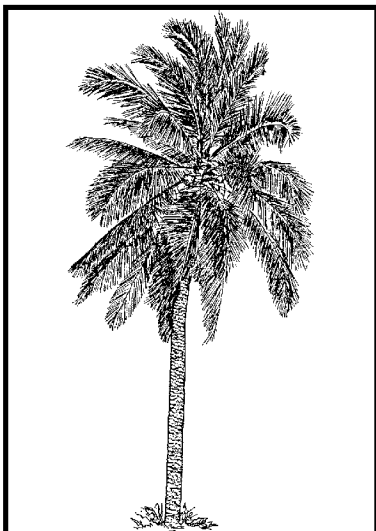
fying that it is people that make up a home. The family is the garden of the Lord.

dwelling in booths made of palm branches, in part, **helped** the people to be reminded of the Eden life God's people would enjoy in the future.

There are about 2,500 kinds of palm trees. There are coconut palms, date palms, and decorative palms. Most palm trees have no branches but the trunk is crowned by enormous leaves. The leaves are either feather-shaped or fan-shaped. Palm trees are used in the Scriptures as a symbol of the righteous. *"The righteous shall flourish like the palm tree"* (Psalm 92:12).

Pandanus and lily trees have branches. Each branch has a crown of sword-shaped leaves.

Most pandanus trees have tall, stilt-like roots that extend into the ground from high on the trunk or branches. Lily trees are closely related to the garden flowers called lilies. Many of these trees have attractive, fragrant flowers. (The family unit is to be as attractive and fragrant as the lily tree, each member giving off a sweet scent of **helpfulness** to the rest of the family.) The yucca trees of Mexico and the far Southern United States are lily trees.



## Remind

1. As you work together as a family, let your chores remind you of your lesson.
2. While watching Father and Mother together, think about the first man and woman God created.
3. While eating dates or coconuts, remember how trees have families just as you have a family.
4. When you see trees growing in dry areas, be reminded of the lesson of the palm tree.

## Reinforce

1. Look for trees! Use your tree guide book to identify them.
2. Feel your ribs. Look at a picture of ribs. Eve was created from a rib from Adam.
3. Serve dates or coconut from a monocotyledon with breakfast.
4. For individual activities, stories, and poems, use the booklet entitled, *Children's Bible Activity Book* for this quarter. Say your memory verse!

## Remarkable Parent Food

"God created man for His own glory, that after test and trial the human family might become one with the heavenly family. It was God's purpose to repopulate heaven with the human family, if they would show themselves obedient to His every word. Adam was to be tested, to see whether he would be obedient, as the loyal angels, or disobedient. If he stood

# The Golden Rule

“Willie,” said Mrs. Page, as she lay upon her bed, very sick, “I want to talk to you a while. I may not be here long; and I want to tell you a few things that are in my mind. You are trying to serve Jesus. You want to honor Him. You want to please Him. Now, remember that in no way can you please Him better every day than by keeping the Golden Rule: *‘Whatsoever ye would that men should do to you, do ye even so to them.’* Try and follow this teaching of our blessed Lord, and you will be both good and happy. And I want you to take care of little Nellie. She is not a strong child, and will miss a mother’s care. You must be both a mother and a brother to her. Promise you will, my son.”

“Oh! I will promise anything you ask,” said he; “only do not leave me!” And the poor boy, who was not much more than a child himself, wept bitterly.

“God knows best, my dear son; and He will do all things well. If I must go from you, He will care for and protect you. I can leave my children in His hands.”

A very few days passed, and Willie was motherless. No one in all

the city cared for him but little Nellie. He was poor, and too young to do hard work; but he must do something to help support himself and his little sister. But he searched in vain for something to do. Some people wanted no boy, and others said he was too small. Even the crossings were all spoken for by other boys; and there seemed nothing left for him to do but starve.

One day, he was searching for employment as usual. He was hungry and discouraged. Just as he was crossing a crowded street, he heard a cry; and, looking up, he saw a lame boy with crutches, who was trying to cross. He could only walk very slowly; and, while he made his way along carefully, and painfully, the street became full of vehicles, and one horse seemed to be coming upon him. Poor Johnny was sadly frightened, and knew not which way to turn. Willie saw him, and, in a moment, he shouldered him and his crutches, and carried him safely over. He was a heavy load for the little fellow, being almost as large as himself; but he did not stop to consider that; and, although it was pretty hard, he carried Johnny across the wide street and set him safely down on the pavement.

(Day 4)

“How can I thank you enough?” said a young lady who was crossing behind him. “I was so afraid my little brother would be run over! Here, little boy, take this!” and she held out some money.

“No, thank you. I only did as I would be done by. If my little sister was lame and in the street, I should want some one to help her across.”

“But cannot I do something for you, my boy?” said the lady.

“I do not want anything but something to do. My little sister and I must have something to eat and wear; and I am trying to find work; but nobody seems to want me.” And Willie looked very sad.

“I can find you something to do, I know. My father wants a boy in his store; and I will ask him about it just as soon as I get home.”

Willie looked very happy, and thanked the lady with all his heart. And he was not disappointed this time; for Mr. Hildreth took him at once, and liked him so well that he said Providence must have sent him to help at the right time.

Willie was never sorry he helped the lame boy across the street; and he still keeps up his practice of the “Golden Rule.”

## Love is Golden



Love  
“Whatsoever  
ye would  
that men  
should do  
to you,  
do ye even  
so to them.”

(Day 4)

# Daughter, Do Not Let Mother Do It



Daughter, do not let Mother do it;  
Do not let her slave and toil  
While you sit a useless idler,  
Fearing your soft hands to soil.  
Do not you see the heavy burdens  
Daily she is wont to bear  
Bring the lines upon the forehead,  
Sprinkle silver in her hair.

Daughter, do not let Mother do it;  
Do not let her bake and broil  
Through the long, bright summer hours;  
Share with her the heavy toil.  
See, her eyes have lost their brightness,  
Faded from her cheeks the glow,  
And the step that once was buoyant  
Now is feeble, weak, and slow.

Daughter, do not let Mother do it;  
She has cared for you too long.  
It is right the weak and feeble  
Should be toiling for the strong?  
Waken from your listless laughter,  
Seek her side, to cheer and bless,  
And your grief will be less bitter  
When the sods above her press.

Daughter, do not let Mother do it;  
You will never, never know  
What were home without a mother  
Till that mother lieth low—  
Low beneath the budding daisies,  
Free from earthly care or pain,  
To the house so sad without her,  
Never to return again.

—Unknown

(Day 4)

# A Lesson from a Tree

One morning in the autumn days—  
The season of the year  
When leaves take on a somber shade.  
And all looks brown and sere—  
I awoke just as the sun had kissed,  
With its early morning light,  
The topmost twig of the peach-tree  
Which stood in my window's sight.

No more did my eyelids seek to close;  
For sleep had flown away  
Before that beautiful picture  
In the hush of opening day.  
Under the sun's advancing light  
Each leaf, and twig, and bough  
Was clothed with beauty rich and rare  
As nature could bestow.

As the tree drank in each ray of light  
From the sun, the "orb of day."  
Letting it mold and fashion it  
In its appointed way.  
So we should drink each ray of light  
That comes from God, our Sun.  
Letting His word have perfect sway.  
His will, in us, be done.

—Unknown



(Day 4)

the test, his instruction to this children would have been only of loyalty. His mind and thoughts would have been as the mind and thoughts of God. He would have been taught by God as His husbandry and building. His character would have been moulded in accordance with the character of God.” (1 Bible Commentary 1082)

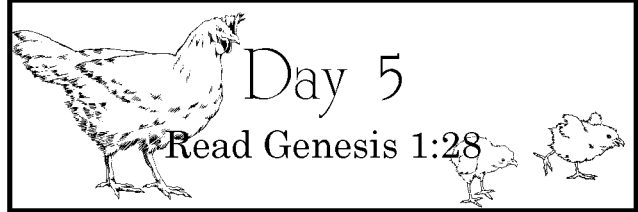
Symbolism in Genesis:

Eve was created in a different way than Adam. One parallel we can draw from Eve being taken out of Adam’s side is that the first child in the family has a molding effect on subsequent children. Be especially careful, parents, in the formation of that first child’s character because the other children will be shaped by their example more or less.

Also, the fact that Eve was taken out of the side of Adam while he was in a deep sleep was a physical prophecy of the bride of Christ, the church, coming forth out of the side of the Second Adam in the sleep of His death. (His side was pierced.) We, as His bride, are to be His help-meet, aiding Him in His work on the earth even as Eve assisted Adam.

He who said to Adam, *“It is not good that the man should be alone; I will make him an **help** meet for him,”* must Himself have had the same feeling. God desired, so to speak, to find an **help**meet for Himself—to surround Himself with intelligent and moral beings who could in some measure understand His thoughts and sympathize with His ends, who would obey Him not because they had to, but from the spontaneous affection of their hearts.

“None of us liveth to himself.”



## Research

### Multiply and Subdue the Earth

*“And God blessed them, and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth”* (Genesis 1:28).

God blessed Adam and Eve. This blessing was not said about them, as the animals, but expressed *“unto them.”* This is the first revelation of God to man. This blessing to populate the earth has been realized today as it was before the Flood.

Man was to *“subdue”* the earth and that means that it was man’s duty and destiny to rule over the earthly creation.

*“None of us liveth to himself”* (Romans 14:7). This is a law of God in heaven and on earth. God is the great center.

It is God’s blessing that enables mankind to multiply. “The raising of a dead body to life would astonish us, but we are unaffected that

“We are labourers together with God.”  
I Corinthians 3:9

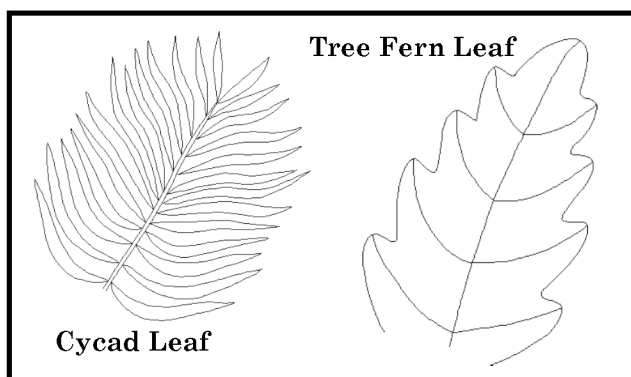
every day so many living men are born.”  
—Owen Bates



From Him all life proceeds. To Him all service, homage, and allegiance belong. For all created beings there is the one great principle of life—dependence upon and cooperation with God. The relationship existing in the pure family of God in heaven was to exist in the family of God on earth. Under God, Adam was to stand at the head of the earthly family to maintain the principles of the heavenly family. This would have brought peace and happiness. But the law that none *'liveth to himself'* Satan was determined to oppose. He desired to live for self. He sought to make himself a center of influence. It was this that incited rebellion in heaven, and it was man's acceptance of this principle that brought sin on earth. When Adam sinned, man broke away from the heaven-ordained center. A demon became the central power in the world. Where God's throne should have been, Satan had placed his throne. The world laid its homage, as a willing offering, at the feet of the enemy." (6 Testimonies 236)

## Review

1. What did God give Adam and Eve?
2. What did God say to Adam and Eve?
3. What does "subdue" mean?



## Nature

### Cycad Trees and Tree Ferns

Cycad trees look a lot like palm trees. They have a trunk without branches and a crown of long, feathery leaves. Cycads are more closely related to pine trees than to palm trees. Cycads produce seeds in cones that look like large pine cones. These trees use to grow all over the earth in the beginning. Since the flood they mainly grow in warm, moist places of Africa, Asia, and South America.

Ferns are best known as short plants with feathery, green fronds (leaves). In the tropics and some places with mild climates, many relatives of these plants are trees. Eden had a mild climate and cycad trees and tree ferns could have easily thrived there. Tree ferns look a lot like palm trees, but they belong to another family of plants. Tree ferns do not have flowers or cones and so do not make seeds. They reproduce by tiny spores, which develop on the underside of their fronds. Adam and Eve were to populate the earth with people as the trees were to bring forth their kind.

Also, as part of their work in subduing the earth, Adam and Eve were given "the task of caring for the fruit trees and cultivating and training vegetation. Useful labor was to be their safeguard, and it was to be perpetuated through all generations to the close of earth's history." (*Child Guidance* 345) "The book of nature, which spread its living lessons before them, afforded an exhaustless source of instruction and delight. On every leaf of the forest...God's name was written." (*Education* 21)

## Remind

1. As you work together as a family, let your chores remind you of your lesson.
2. When seeing a baby, think of the wonderful way man was to multiply.
3. When seeing a fern, think of the tree ferns.

## Reinforce

1. Look for trees! Use your tree guide book to identify them.
2. Find pictures of cycads and tree ferns.
3. Visit a family with a baby or go look at the babies in the nursery in the hospital.
4. For individual activities, stories, and poems, use the booklet entitled, *Children's Bible Activity Book* for this quarter. Say your memory verse!



## Remarkable Parent Food

“Continually they were reminded also of their lost dominion. Among the lower creatures Adam had stood as king, and so long as he remained loyal to God, all nature acknowledged his rule; but when he transgressed, this dominion was forfeited. The spirit of rebellion, to which he himself had given entrance, extended throughout the animal creation. Thus not only the life of man, but the nature of the beasts, the trees of the forest, the grass of the field, the very air he breathed, all told the sad lesson of the knowledge of evil.”  
(*Education* 26-27)

“A large volume would be insufficient to contain what we know of the excellence and perfection of man, even in his present degraded, fallen state. Both his body and soul are adapted with astonishing wisdom to their residence and occupations; and also the place of their residence, as well as the surrounding objects, in their diversity, color, and mutual relations, to the mind and body of this king of creation. The contrivance, arrangement, action, and reaction of the different parts of the body, show the admirable skill of the wondrous Creator; while the various powers and faculties of the mind, acting on and by the different organs of this body, proclaim the soul's diving origin, and demonstrate that he who was made in the image and likeness of God, was a transcript of His own excellency, destined to know, love, and dwell with his Maker throughout eternity.” —A. Clarke

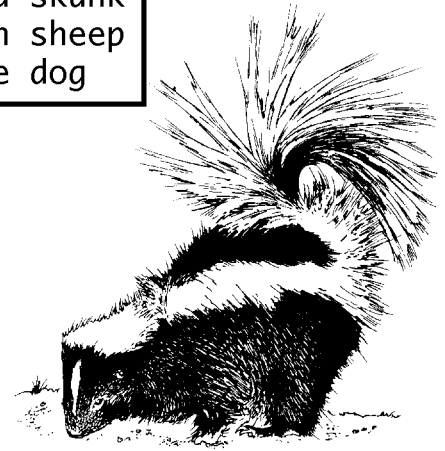
**“...He who was made in the image  
and likeness of God,  
was a transcript  
of His own excellency...”**

# What Name?

Adam named the animals. Write in their names below.  
Why did he name them by those names? Use the list.



Striped skunk  
Bighorn sheep  
Prairie dog



1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

What was the first woman called? (See Genesis 3:20.)

\_\_\_\_\_

This word means, “life-giver” and roots from a word meaning “to live,” “to declare,” or “show.”

What were the first words said to the first man and woman?

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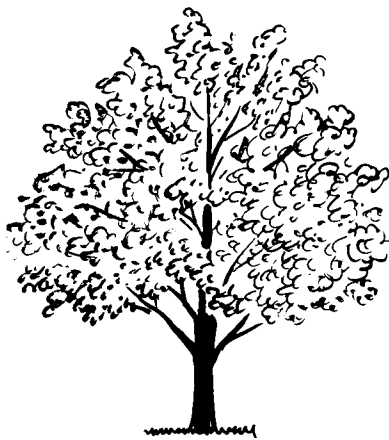
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(Day 5)

# TREES

The first family of people included  
Adam, Eve, and any children they later had.  
Children often bear a resemblance to their parents.  
Even trees bear a resemblance to the family they belong to.

Identify each of these tree families.



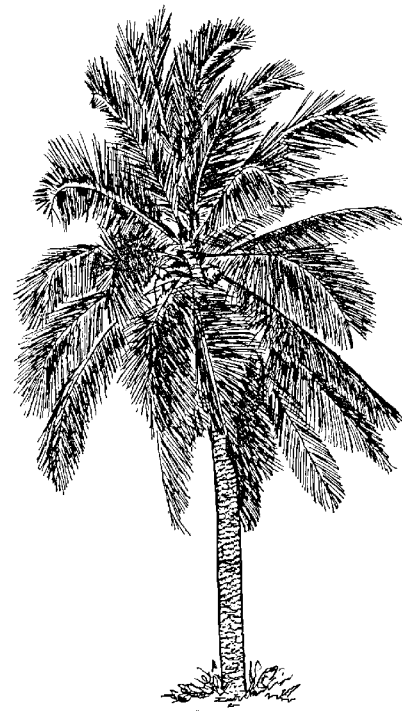
Cherry Tree

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White Pine

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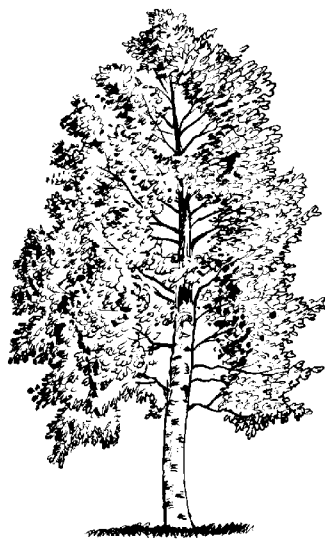
Palm Tree

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Flowering Dogwood

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Paper Birch

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Colorado Spruce

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(Day 5)



## Day 6

Read Genesis 1:29-31

### Research Formation of Food for Man

*“And God said, Behold, I have given you every herb bearing seed, which is upon the face of the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat.*

*“And to every beast of the earth, and to every fowl of the air, and to every thing that creepeth upon the earth, wherein there is life, I have given every green herb for meat: and it was so. [No beast was originally designed to prey on others.]*

*“And God saw every thing that he had made, and, behold, it was very good. And the evening and the morning were the sixth day” (Genesis 1:29-31).*

“In order to know what are the best foods, we must study God’s original plan for man’s diet. He who created man and who understands his needs appointed Adam his food. ‘Behold,’ He said, ‘I have given you every herb yielding seed,...and every tree, in which is the fruit of a tree yielding seed; to you it shall be for food’ (Genesis 1:29, A.R.V.). Upon leaving Eden to gain his livelihood by tilling the earth under the curse of sin, man received permission to eat also ‘the herb of the field’ (Genesis 3:18).

“Grains, fruits, nuts, and vegetables constitute the diet chosen for us by our Creator. These foods, prepared in as simple and natural a manner as possible, are the most healthful and nourishing. They impart a strength, a power of endurance, and a vigor of intellect that are not afforded by a more complex and stimulating diet.

“But not all foods wholesome in themselves are equally suited to our needs under all circumstances. Care should be taken in the selection of food. Our diet should be suited to the season, to the climate in which we live, and to the occupation we follow. Some foods that are adapted for use at one season or in one climate are not suited to another. So there are different foods best suited for persons in different occupations. Often food that

Evening = Root word is “Arab”  
which means “to mingle.”

It signifies that state in which  
neither absolute darkness  
nor full light prevails.

The Hebrews used this term  
for the whole duration  
of night because it was  
a mingle state;  
the moon and stars  
tempering the darkness with  
some rays of light.

No change was made in the structure of men’s bodies after the Flood  
so there is no essential need to change the articles of their food  
from God’s original plan.

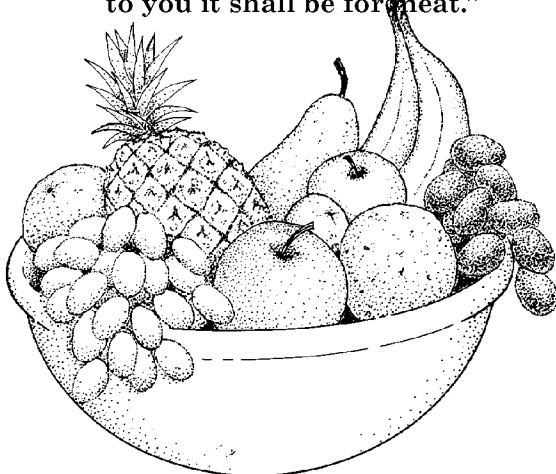
can be used with benefit by those engaged in hard physical labor is unsuitable for persons of sedentary pursuits or intense mental application. God has given us an ample variety of healthful foods, and each person should choose from it the things that experience and sound judgment prove to be best suited to his own necessities.”  
(*The Ministry of Healing* 295-297)

“...By precept and example make it plain that the food which God gave Adam in his sinless state is the best for man’s use as he seeks to regain that sinless state.” (7 *Testimonies* 135)

## Review

1. What did God give Adam and Eve for food?
2. What did God give the animals for food?
3. What was the last thing God said on the sixth day?

“And God said, Behold, I have given you every herb bearing seed, which is upon the face of the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat.”



## Nature Ginkgo Trees

The ginkgo tree is a gymnosperm like the needleleaf trees. But unlike other gymnosperm trees the ginkgo has fan-shaped leaves. These leaves look like the fronds of a fern. These trees are native to Asia. It is believed that the garden of Eden was in what is now Asia.

Some trees we no longer have were destroyed during the flood. These trees are called fossil trees. Two of these extinct trees are the club moss tree and horsetail tree. The club mosses and the horsetails living today are herbs.

One tree that was removed from the earth before the Flood was the tree of life. It had the perfect food for man upon it. “He who fitted the tree to bear its burden of goodly fruit has made man capable of hearing the precious fruits of righteousness. He has planted man in His garden and tenderly cared for him, and He expects him to bear fruit...How anxiously we watch a favorite tree or plant, expecting it to reward our care by producing buds, blossoms, and fruit; and how disappointed we are to find nothing but leaves. With how much more anxiety and tender interest does the heavenly Father watch the spiritual growth of those whom He has made in His own image and for whom He condescended to give His Son that they might be elevated, ennobled, and glorified.” (5 *Testimonies* 250-251)



## Remind

1. As you work together as a family, let your chores remind you of your lesson.
2. When fanning yourself on a warm day, or in a warm room, remember the fan-shaped leaves of the ginkgo tree.
3. When you see someone do a righteous deed, think of them as bearing fruit for God.

## Reinforce

1. Look for trees! Use your tree guide book to identify them.
2. Make a decorative fruit basket for the breakfast table.
3. Make a decorative vegetable platter for the lunch table.
4. Eat one meal completely raw this week as Adam and Eve always ate their food before sin.
5. Make a tree map of an area you are familiar with. How many trees can you name without looking them up in a book?
6. For individual activities, stories, and poems, use the booklet entitled, *Children's Bible Activity Book* for this quarter. Say your memory verse!



Ginkgo Leaf



Ginkgo

## Remarkable Parent Food

“There are many more simple remedies which will do much to restore healthful action to the body. All these simple preparations the Lord expects us to use for ourselves, but man’s extremities are God’s opportunities. If we neglect to do that which is within the reach of nearly every family, and ask the Lord to relieve pain when we are too indolent to make use of these remedies within our power, it is simply presumption. The Lord expects us to work in order that we may obtain food. He does not propose that we shall gather the harvest unless we break the sod, till the soil, and cultivate the produce. Then God sends the rain and the sunshine and the clouds to cause vegetation to flourish. God works and man cooperates with God. Then there is seed time and harvest.

“God has caused to grow out of the ground, herbs for the use of man, and if we understand the nature of those roots and herbs, and make a right use of them, there would not be a necessity of running for the doctor so frequently, and people would be in much better health than they are today. I believe in calling upon the Great Physician when we have used the remedies I have mentioned.” (*II Selected Messages* 297-298)

“And God saw every thing that he had made, and behold, it was very good” (Genesis 1:31). “Very good” means “superlatively” or “only good; as good as they could be.” “The plan is wise, the work well executed, the different parts properly arranged; their nature, limits, mode of existence, manner of propagation, habits, mode of sustenance, properly and permanently established and secured; for every thing was formed to the utmost perfection

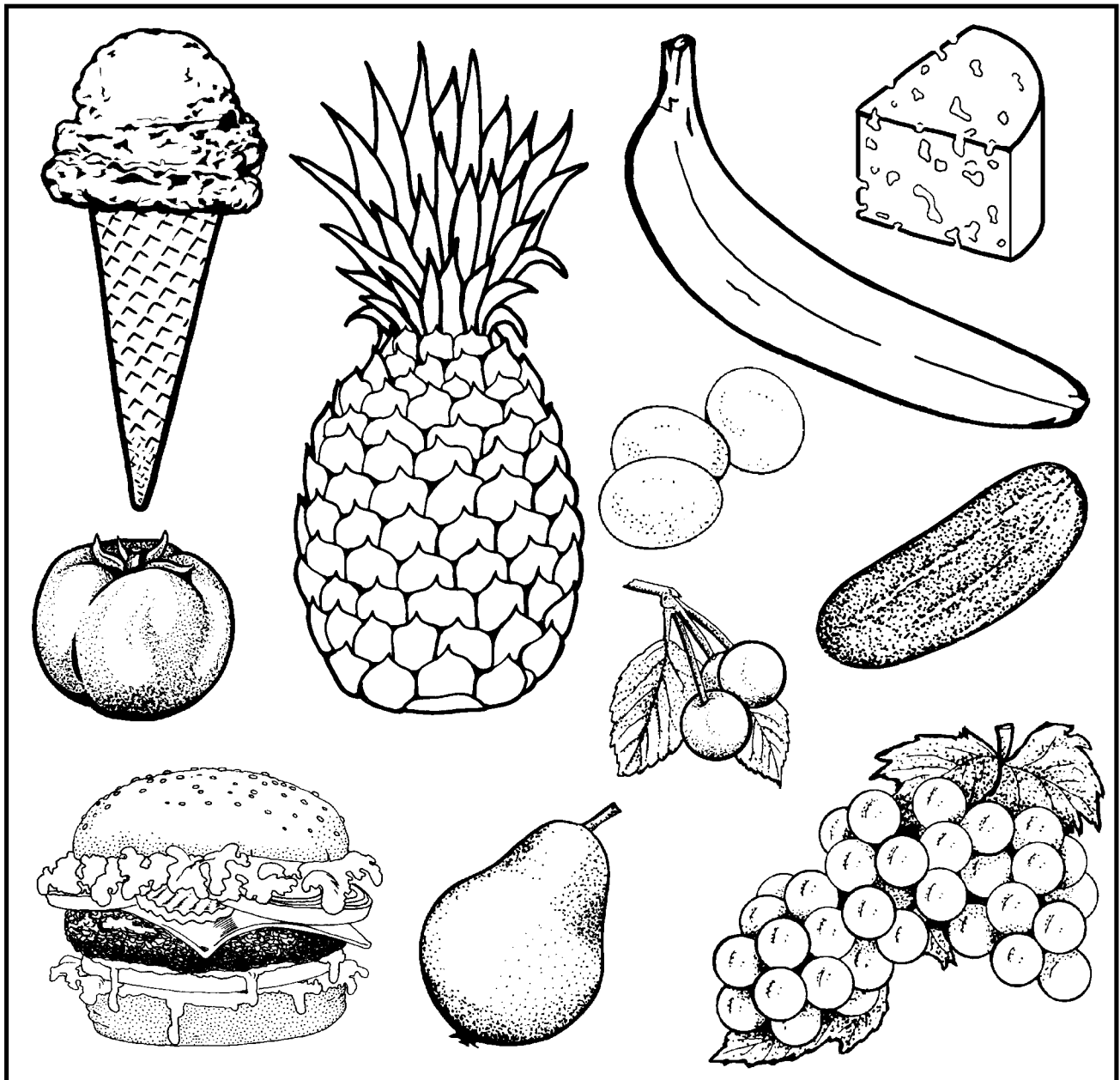


# ADAM AND EVE'S DIET

“And God said, Behold, I have given you every herb bearing seed,  
which is upon the face of all the earth, and every tree,  
in the which is the fruit of a tree yielding seed;  
to you it shall be for meat.”

Genesis 1:29

Only color the pictures of the food Adam and Eve were given to eat.



(Day 6)

# Know Your Trees

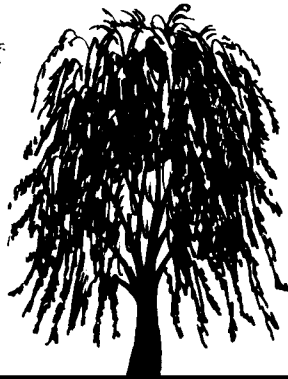
Poplar



Palm



Willow



Elm

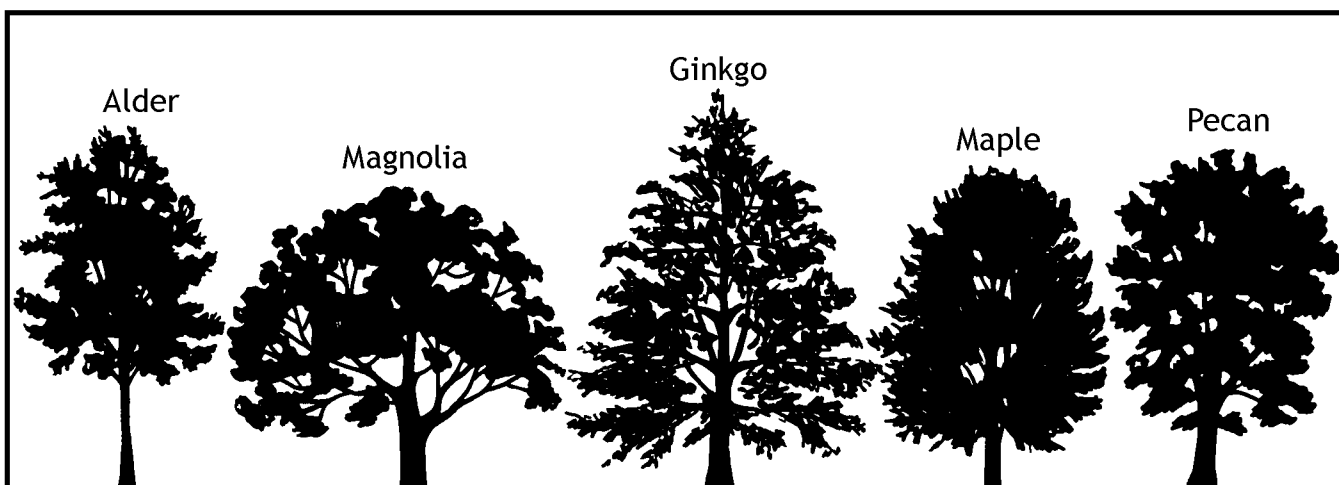


Redwood

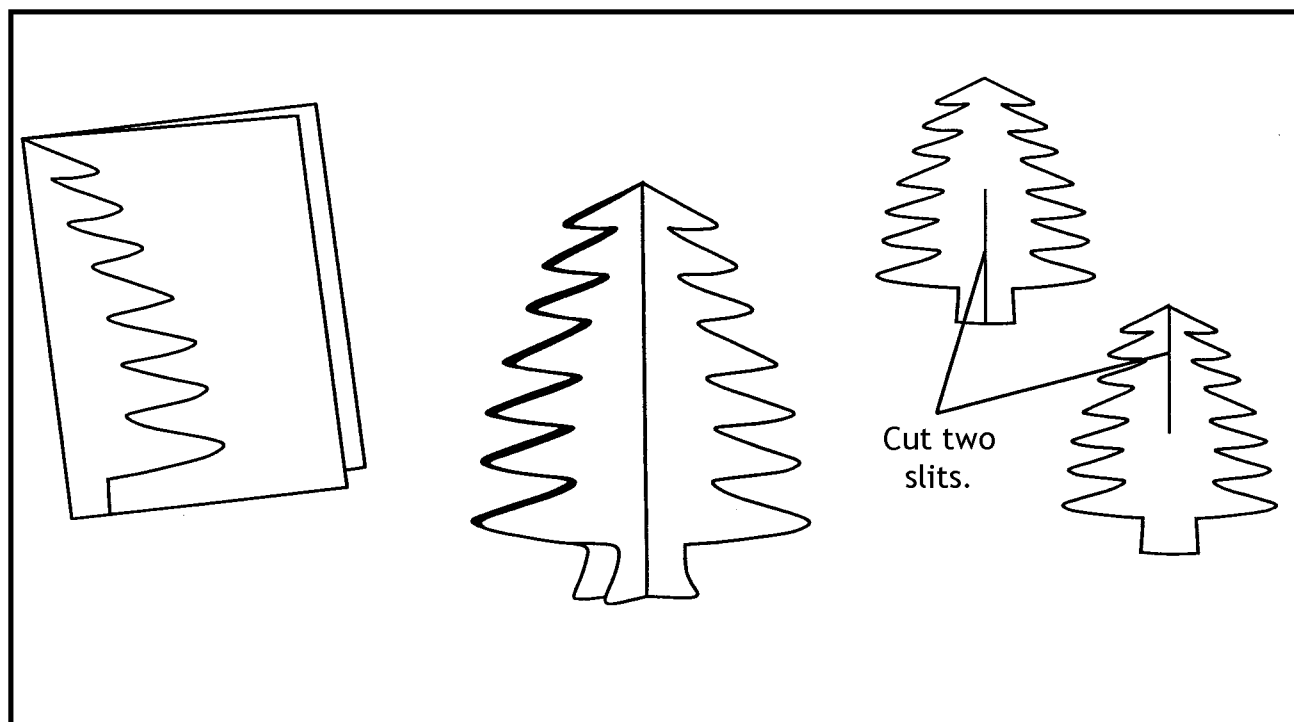


- Learn shapes
- Some are very easy to recognize by their fruits, berries, and leaves.
- Go for a walk and see how many trees you can name.
- As a family, go to a botanical garden where the names of the trees are listed. You can look at the labels and write down the names, and also collect leaves and seed pods on the ground from them.
- Just as you can recognize a tree by its leaves and fruit or flowers, you can also learn to tell a tree by the way it branches.
- If you look at a tree that has lost its leaves, it is easy to see the pattern its branches make.
- If you live in a climate where deciduous trees grow, you can soon learn to recognize the different kinds by the way they branch.

(Day 6)



- Choose six very different trees near your home and draw them, showing their branching pattern.
- Make a paper model of trees that branch the same way. Fold two sheets of thick paper (or card) in half, one inside the other. Then lightly draw branches on them. Now cut out the tree. Open out the folds and slot the tree together.



Another way to make a symmetrical tree is to put ink on one half of the paper, then while it is wet, fold over and press.

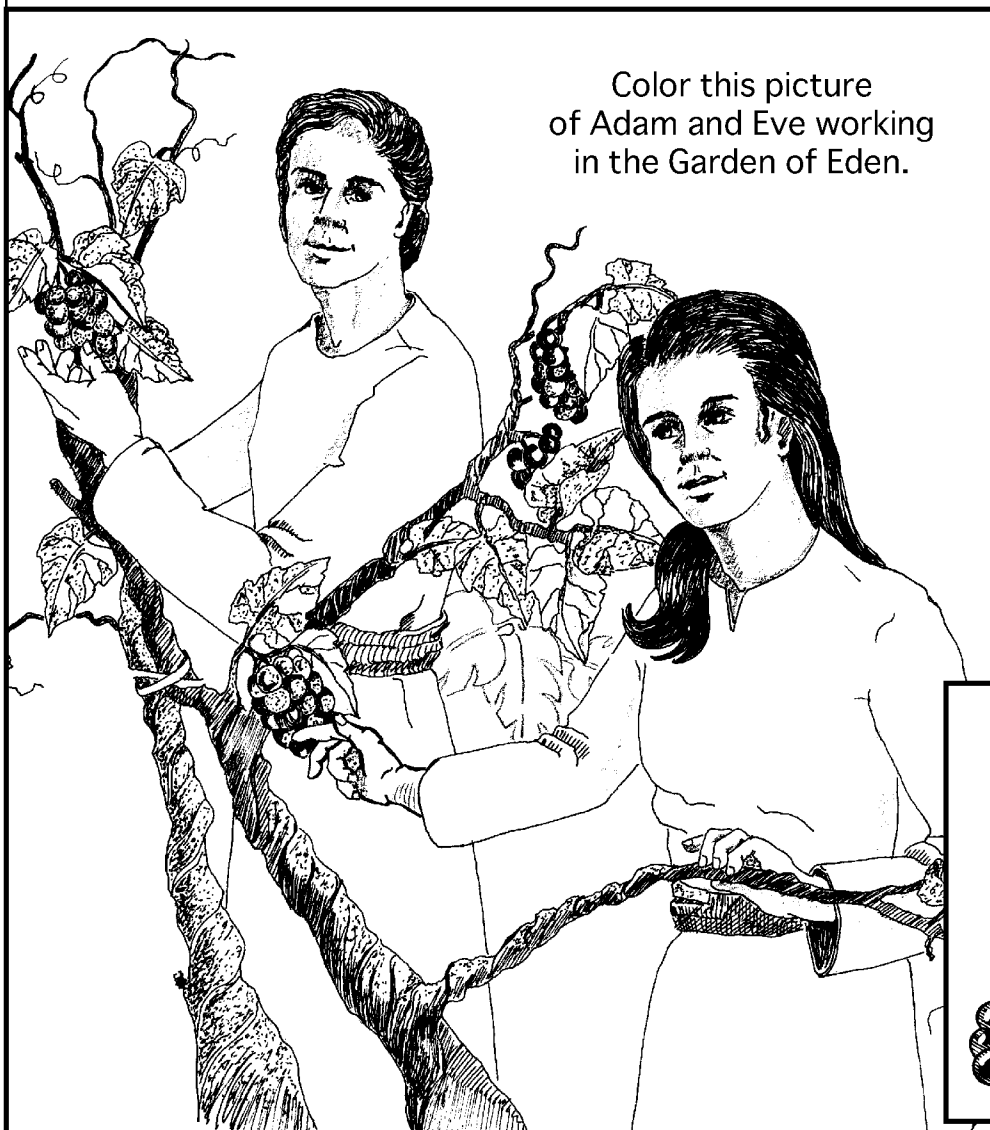
(Day 6)

# Question?

Which broadleaf tree in the United States has the longest fruit?  
the longest leaf?

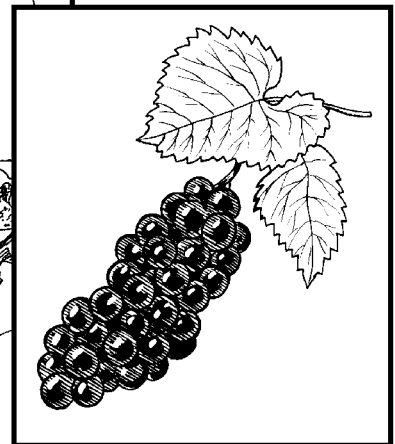
It is the same tree—Hardy Catalpa. It grows in the middle Mississippi Valley, but may be growing in the nearby city as an ornamental tree along the street or in a park.

Its seed pods are long, slim, and black. They grow about 8 to 20 inches (200 to 500 millimeters) long. They look like big, black string beans.



Color this picture  
of Adam and Eve working  
in the Garden of Eden.

The leaves are big and heart-shaped. Even the flower clusters are 10 inches (250 millimeters) in height and cover the tree. The wood grows up to 1 inch (25 millimeters) in thickness each year.



(Day 6)

of its nature, so that nothing could be added or diminished without encumbering the operations of matter and spirit on the one hand, or rendering them inefficient to the end proposed on the other; and God has done all these marvellous works as to be glorified in all, by all, and through all.”

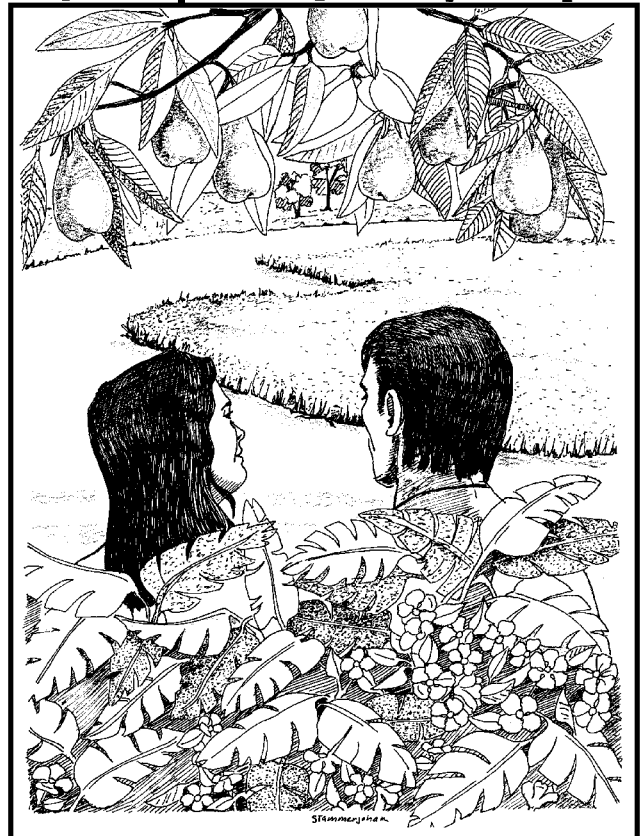
—A. Clark



## Day 7

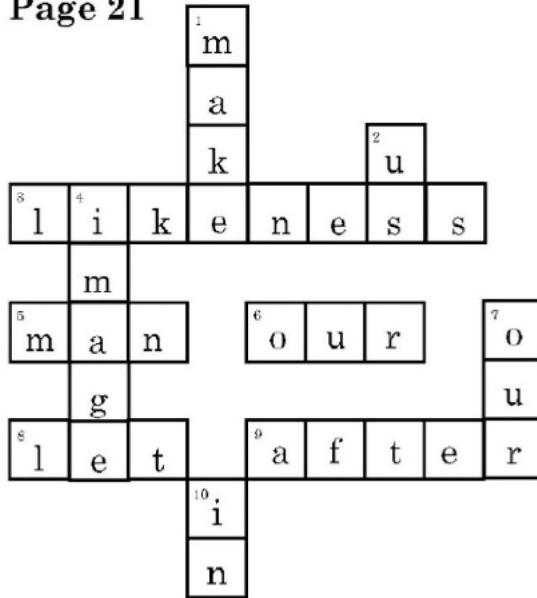
### Review—Man and Woman

1. Formation of Man
2. Formation of Man from Dust
3. Planting of the Garden of Eden
4. Formation of Woman
5. Multiply and Subdue the Earth
6. Formation of Food for Man



# Answer Key

## Page 21



## Page 22

5, 6, 3, 2, 1, 4, 1, 2, 2

## Page 25

oxygen  
carbon  
hydrogen  
nitrogen

*"And the Lord God commanded the man, saying, Of every tree of the garden thou mayest freely eat: But of the tree of the knowledge of good and evil, thou shalt not eat of it: for in the day that thou eatest thereof thou shalt surely die."*

## Page 31

1. Bighorn sheep
2. Prairie dog
3. Striped skunk

## Page 31 continued

Eve

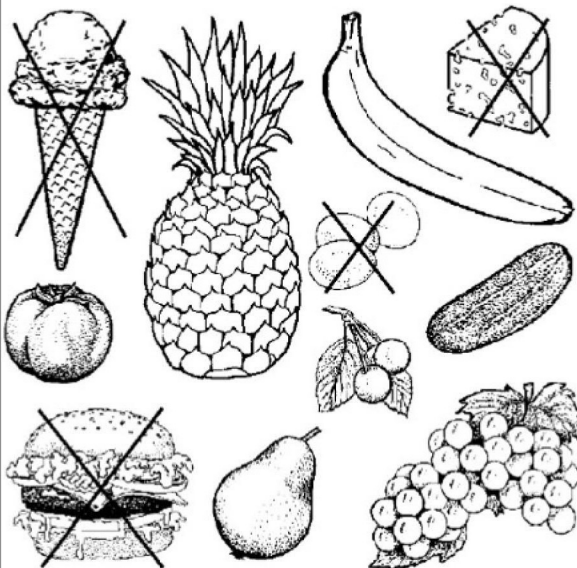
*"And God blessed them, and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth. And God said, Behold, I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat."*

## Page 32

(From left to right)

Broadleaf  
Needleleaf  
Palm  
Broadleaf  
Broadleaf  
Needleleaf

## Page 33







Mark 4:29